

#### Gundagai South Public School

Principal: Mrs Pip McAlister
RESPECT, RESPONSIBILITY, CARE

#### NEWSLETTER

Phone: (02)69441117 Fax: (02)69441158

Email: <a href="mailto:gundagais-p.school@det.nsw.edu.au">gundagais-p.school@det.nsw.edu.au</a>
Web: <a href="mailto:www.gundagais-p.schools.nsw.edu.au">www.gundagais-p.schools.nsw.edu.au</a>

Gundagai South Public School Luke Street

Gundagai NSW 2722

Term 1 Week 4

Dear Parents,

Congratulations to our students who all contributed to our fabulous show display to add interest to our local P & A Show pavilion over the weekend. Our work reflected something contributed by everyone, which shows what a great team we have. My thanks to the staff who helped put up the display on Thursday (in my absence) and to Adrian who also contributed. Much appreciated everyone. Thank you and congratulations to those students who contributed work - some through school, but also to those who independently showed their initiative by entering work into different sections to support the local community. It was lovely to see current and past students so heavily involved.







#### NRL Session

Thank you to **Courtney Barratt** from the NRL who attended the school last
Thursday to speak to the students about Wellbeing.
The workshop was interesting, informative and fun.

#### Small Schools'

Swimming Carnival

18<sup>th</sup> February 2019

A huge congratulations to all those enthusiastic swimmers who participated in the swimming carnival last week. We saw some excellent performances from our highly accomplished swimmers who will be progressing to the Highlands Swimming Carnival – now being held on **Friday 1**st **March.** 

Well done to those students who swam 50metre events for the first time and to those who made a great effort and participated in the 25-metre events.

Parents who have taken their children to 'Learn to Swim' classes during the school holidays are to be congratulated for their efforts and commitment as it is easy to see the improvement in their confidence and ability. Well done parents.

Thank you to the staff and volunteers who assisted with the time keeping, supervision and other responsibilities throughout the day. Students selected to attend the Highlands Carnival in Tumut will be responsible for their own travel. Permission notes must be returned to school by Monday next week. Relevant

details are included on your permission note. Please note starting time of 9.30am – and remember to allow additional time for the roadworks. There is not cost for pool entry this year.











#### P & C Meeting



Congratulations to our new P & C Executive who were elected at the meeting last Wednesday evening. Positions were enthusiastically filled, despite the small attendance. It is very much appreciated to have such a keen, committed and supportive group of parents who enjoy being involved in the school at this level. I would also like to express my appreciation and sincere thanks to our outgoing P & C executive – particularly **Mrs** Wheeler and Tiki Paton.

President – **Kerrie Stewart** Vice President – **Emma Crossley** 

Secretary – Ashleigh Armour Treasurer – Casey Norden Fundraising – Anthea Cooper & Kristie Rainbow Canteen Manager - Lianne Blundell

Assistant Canteen Manager – Clare McAlister
Canteen Members – Kerrie
Stewart, Ashleigh Armour,
Lianne Blundell, Clare
McAlister & Pip McAlister
Publicity Officer – Kerrie
Stewart

Next meeting will be held on Wednesday 20<sup>th</sup> March

#### Community Forum

Thank you to those parents and community members who attended the community forum on Tuesday evening. Looks like it all comes down to the election with the comment "I

am part of a government that does not support demergers as it currently stands". We must let the poll on 23<sup>rd</sup> March decide out outcome, although the Gundagai Council in Exile will continue to fight for fairness, transparency, good governance and our democratic rights.

#### Weekly Swimming Lessons



Lessons continue this week – today and tomorrow. Please remember to send in your money if you are paying each day, or weekly.

#### Clean up Australia Day



Students **not** involved in participating in the **Highlands Swimming Carnival on Friday 1**<sup>st</sup> **March** will be participating in Clean up

Australia Day activities in and around the school grounds.

Students in Years 2 – 6 will be required to leave the school grounds, as they will be cleaning up Luke Street and surrounding streets outside the school grounds, so please sign and return the attached permission note.

#### Happenings at School

During the past 2 weeks, students have been involved in some great learning activities.



K/1 students working with Joe during Literacy



Music Lessons with Ms Wild



McKayley during Literacy



Maddison working hard during Literacy

#### Reminder about School Hours

It is important to note that supervision of students does not commence in the morning until 8.45am.

Any student who arrives before this time, is asked to sit on the seats outside the main building until the teacher duty begins supervision at 8.45am. Please note that our school hours are:

8.45 – 9.10am - Students arrive at school 9.15am – Moring bell and assembly 11.15 – Recess 11.45 - Recess ends 1.15pm - Lunch 2.00pm – Lunch ends 3.15pm – School ends.

Students to be picked up from 3.15pm on the checkerboard area

If, for any reason parents need to collect their child from school prior to 3.15pm, please speak to your child's teacher and let Anne know if the front office.

#### Absence Notes



An absence note is required to be written and handed to your

child's teacher after every absence. Notes should be handed in on the day of return. Any student who has an absence of less than 85% is referred to the home school Liaison Officer for further support in improving attendance. Absence notes are attached for your use. Next week I will provide a stark graphic about the effects of frequent absences.

#### Radio News



Don't forget to tune into school news on the radio station Sounds of the Mountains 94.3. This can be heard each school Monday morning at approximately 9.45am

Week 5: David & Marco Week 6: Michael & Monique Week 7: Brandy 7 Jade Week 8: Jasmine & Lilah Week 9: Teleah & Amy Week 10: Kayla & David Week 11: Josie & Aiden

#### School Banking



Don't forget to send in your Bendigo School Banking. Banking will be collected every Wednesday.

#### Healthy Recess and Lunch

Congratulations to our healthy recess and lunch awards winners for Week 3



Recess award - Gus Dowell Lunch award - McKayley Rainbow

#### PBL- Uniform Winners



Congratulations to our weekly uniform award winners for Week 3– Maddison Skarratt, Kjay Roma-Warahi, Jade Harvey

#### PBL Weekly Focus Area



This week our focus areas for PBL will be "Lines" in the playground and "Work Habits" for our Classroom.

#### Playground -Lines

**Respect:** Wait patiently.

**Responsibility:** Right place, right time.

Care: Hands and feet to self.

#### <u>Classroom – Work Habits</u>

**Respect:** Look after equipment. Follow teacher instructions. Respect others' rights to work.

**Responsibility:** Do your best. Be prepared.

*Care:* Neat bookwork. Careful work.

Please discuss our focus areas with your children this week.

#### Student of the Week

**5/6 – Aiden Morris** – Excellent involvement and contribution to class literacy discussions.



3/4 – Nicholas Skarratt – For his great effort during maths.



**K/1/2- Ethan Hourn** – For quiet, conscientious attitude to his learning.



#### Gold Star Award

5/6 – Brandy McGrath – Accepting additional responsibilities and challenges and assisting others in class.



3/4 – Clayton Rainbow – For being a responsible member of our school assisting others and being a good role model.



**K/1/2 – Kayden Gould** – For showing great manners towards staff and other students.



#### How 2 Learn

**5/6 – Josie Warren** – Showing Commitment and patience during group learning activities.



**3/4 – Tristan Gould** – For displaying good concentration skills to complete his story writing.



**K/1/2 - Corby Rose** – For diligence in her literacy learning.



#### **Canteen**

Wednesday 20<sup>th</sup>
February
Lianne Blundell

Friday 22<sup>nd</sup>
February
Lianne Blundell

Wednesday 27<sup>th</sup>
February
Lianne Blundell &
Clare McAlister

### WHAT'S NEW!



#### THE RED AND GREEN TUCKERBOX

Due to swimming lessons the canteen will only be open on Wednesdays and Fridays from 10am-2pm until Week 7. All lunch orders are welcome.

#### MENU

The favourite items on the menu last week were torpedo's (loaded with vegetables), ham and cheese pockets, chicken burgers, fruit (watermelon, grapes, raspberries, blueberries, mandarins and strawberries), plain milk and apple and zucchini muffins.

#### LIVE LIFE WELL @ SCHOOL and BREAKFAST CLUB

This year the Canteen will continue to support the Live Life Well @ School Program and Breakfast Club by preparing a seasonal vegetable platter for the children to share on Wednesday afternoons and by serving breakfast on Wednesday mornings between 8.45 and 9.15am.



#### **STICKYBEAKS**

The Stickybeaks Reusable Lunch Wallets have arrived and are available to purchase for \$10.50 each. If you would like one, please visit the Canteen or contact Lianne on 0410430970.



#### **DID YOU KNOW???**

Sweet potato are a good source of Vitamin  $\mathcal C$  and Vitamin  $\mathcal E$ .



#### UPCOMING EVENTS

Vegetable Week and the Big Vegie Crunch-1<sup>st</sup> to 5<sup>th</sup> April,2019.



#### **CANTEEN ROSTER**

Wednesday 20/02/19-Lianne Blundell Friday 22/02/19-Lianne Blundell Wednesday 27/02/19-Lianne Blundell & Clare McAlister



## **GUNDAGAI SOUTH PUBLIC SCHOOL** THE RED and GREEN TUCKERBOX

## CANTEEN MENU

### COLD LUNCHES

Available at Lunch Time Only Fresh or Toasted

## SANDWICHES (E)

- -Cheese 2.00
- -Ham 2.50
- -Ham & Cheese 3.00
- -Chicken & Cheese 3.00
- -Ham, Cheese and Tomato 3.50
- -Salad (Lettuce, Tomato, Cheese, Grated

Carrot and Mayonnaise) 4.00

- -Ham & Salad 4.50
- -Chicken and Salad 4.50
- -Chicken Caesar Wrap (Chicken, Lettuce,

Cheese and Caesar Dressing) 4.00

# FRESH SALAD BOWLS (E)

# Available at Lunch Time Only

- -Salad Bowl (Lettuce, Cucumber, Carrot,
- Beetroot, Tomato, Cheese) 4.00
- Ham Salad Bowl 4.50
- -Chicken Salad Bowl 4.50
- -Mini Quiche & Salad Bowl 4.50
- Add Italian Dressing or Mayonnaise 0.30

# FRESH FRUIT SALAD BOWLS (E)

Available at Lunch Time Only -Fresh Fruit Salad Bowl

(Seasonal Fruit/Any Variety) 4.00

### HOT LUNCHES-

Available at Lunch Time Only

# TUCKERBOX CHICKEN BURGER (E)

Grilled Chicken, Lettuce, Tomato, Cheese and Mayonnaise) 4.50

# TUCKERBOX CHEESE BURGER (E)

(Beef Pattie, Cheese and Sauce-Tomato or BBQ) 4.50

# TUCKERBOX PIZZA (E) Canteen Made

- -Ham & Cheese (Ham, Cheese, Tomato Pizza Sauce) 4.00
- -BBQ Chicken & Ham (Chicken, Ham,
- -Vegie (Seasonal Veg, Cheese and Tomato Cheese & BBQ Sauce) 4.00
- -Cheese (Cheese & Tomato Pizza Pizza Sauce) 3.50
  - Sauce)3.00

## LASAGNA (E) 4.00

# DAILY SNACKS-ALL SNACKS 1.00

Available at Recess

- Muffins (Canteen Made/Any Variety) (0)
  - -Mini Fresh Fruit Cup (E)

(Seasonal Fruit/Any Variety)

- -Mini Salad Cup (Seasonal Veg/Any Variety) (E)
- -Tortilla Chips, Cheese &Tomato Salsa (E) -Plain Popcorn (Freshly Popped) (E)
- -Cheese and Crackers (E)
- 'Torpedo' (E) (Canteen Made) Ham and Cheese Pockets (E)

## FROZEN SNACKS (E)

Available at Lunch

-Quelch Fruit Sticks (100% Juice) 1.00

# DRINKS-All 250ml Serves (E)

-Plain Milk 1.00

-Flavoured Milk(Choc or Strawberry) 2.00 -Juice (Tropical or Apple) 2.00

CHECK OUT THE SCHOOL NEWSLETTER OR 6SPS FACEBOOK PAGE FOR WEEKLY LUNCH

#### JR MENU

Our Canteen strives to create a positive and healthy eating experience and a welcoming space for students, parents, volunteers and staff.

Our Menu meets the new 'NSW Healthy

School Canteen Strategy' guidelines. For more information visit nttps://healthyschoolcanteens.nsw.gov.au

## SCHOOL GARDEN

Have you visited our school garden? We grow a variety of seasonal fruits and vegetables which are used across all our menu items. The garden enables us to keep our prices low and our food fresh, healthy and most importantly delicious!

## OPENING HOURS

The Canteen operates every Monday, Wednesday and Friday from 10AM-2PM.

### ORDERING

### **DUE BY 10AM**

Lunch Orders should be made using your Lunch Order Bag or a plain paper bag with:

- Childs Name and Class
- Order and Price
- Amount Total and Total Money Enclosed (Any change will be returned with the lunch order).
- Please place lunch orders in the designated boxes before the commencement of class.
- Drinks will be included in the lunch bag. Frozen food will not be. In order to receive any ordered frozen food, the lunch bag must be brought back to the Canteen for Collection.

### WAYS TO HELP

Being a Volunteer is a great way to be part of our school community. If you can volunteer, please contact the school on (02)69441117.



Participate in a non-contact Rugby League skills program in a fun & friendly environment.

**START** 28 February 2019

TIME Thursday 4.00pm

**LENGTH** 6 weeks

AGE 8 - 12 years

**COST** \$60

WHERE Anzac Park

Landon Street

Gundagai NSW 2722



Register and receive your NRL pack
PLAYNRL.COM/JUNIORPROGRAM

Delivered by











